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## Consultation Information

Your optometrist suspects you are experiencing symptoms of ocular surface disease and has recommended a Tear Clinic consultation.

### Initial 40-minute consultation

We will monitor your ocular surface health using appropriate tests and questionnaires to help track your symptoms. During your consultation we will evaluate:

- the saltiness of your tears with a TearLab osmolarity test;
- the quality of your tear film;
- your blink pattern;
- your oil producing glands using LipiView II Dynamic Meibomian Imaging technology.

You will be provided with a tailor-made plan to manage your symptoms at home.

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### Prior to your Tear Clinic Consultation, we advise you to:

- Cease use of any drops or ointment for at least 24 hours. If your drops are required to control the pressure within your eye, please use at least 4 hours before your appointment.
- Remove contact lenses at least 4 hours prior to your appointment.
- Avoid use of oil-based facial cosmetics around the eye on the day of your appointment.
- Do not swim in a chlorinated pool for at least 12 hours prior to your appointment.
- Please bring a list of your current medication.
- Please bring in a list of products you have used to manage dry eye or the actual products if used at present.

Tests or drops used will not affect your ability to drive.

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## Price Plan

### Initial Consultation & Review Fee

	Fee
Non-Eyelite	£105.00

## In-practice Treatments

These may be recommended to you by the Optometrist at your consultation.

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Treatment		
<b>Tier 1</b>	Recommendation of drops-products	Cost of products recommended
<b>Tier 2</b>	BlephEx and E-Eye	£305.00
<b>Tier 3</b>	BlephEx, E-Eye and Lipiflow	£755.00

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## Additional Treatments

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Treatment	EyeLife	Non-Eyelife
Demodex Treatment (includes two boxes of Cliradex)	£135.00	£220.00
Dissolvable Punctal Plugs	£65.00	£80.00
Permanent Punctal Plugs	£205.00	£234.00

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## Ongoing Care

You will receive a report following the consultation which will help guide you in how to manage your symptoms at home. To ensure ongoing relief from dry eye, we recommend:

**Option 1**      £105.00 Annual Dry Eye Review appointment

**Option 2**      £20.00 per month Dry EyeLife

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If you are already enjoying the benefits of EyeLife, you can upgrade your existing direct debit to Dry EyeLife. Benefits include:

- Annual Dry Eye Review appointment
- 35% spectacle discount
- 35% sunglass discount
- Eye Exams included + Optomap ultra-widefield & OCT retinal imaging
- 50% off repairs and replacement spectacles
- Family discount
- Eligibility for home delivery of products (additional fee depends on products used)